

All you need to know about our Shared Lives South West Home from Hospital service



Who are we?

Shared Lives South West is an award winning charity that sets up and supports long term and short break care services throughout Devon, Cornwall and Somerset.

We provide care and support and we are an alternative to supported living and residential care.

We have been helping to support people for more than 15 years and we are a highly regarded care provider, rated **Outstanding** by the Care Quality Commission.



What do we do?

We specialise in supporting people with learning disabilities, autism, mental health needs, dementia and older people. We also offer a home from hospital service, where the person needing support can enjoy a short stay with one of our approved carers, while they get better.



How can we help you?

- SLSW Carers can support you following a planned or unplanned hospital stay, including those recovering from staying in a mental health setting.
- SLSW Carers can also support you for a short time, until your next step accommodation has been allocated to you or your home is made safe for your return.
- We listen to you to find out what support you need to get better.
- We work with you to find a suitable Carer.
- Your Carer will help you with any ongoing physical or mental health needs that you may have.
- Support can be given with: medication, doctor's/hospital appointments, day to day needs such as meals and personal care.
- Your Carer can help you improve your confidence ready to return home.



What happens next?

- If you are interested in finding out more about Shared Lives let us know or you can ask someone to contact us for you.
- You would then consent to share your information with us by filling in our referral form, someone can help you with this.
- We work with you to try and find a suitable Carer.
- We try to arrange for you to meet the Carer and see the house. You can bring someone with you to the visit.
- After meeting the Carer we will ask you what you think.
- You will have a dedicated Shared Lives worker who will be available during your stay.



What will it cost me?

You can buy Shared Lives services in many ways:

- By Direct Payment
- By a Commissioned service from your local council.
- By self-funding.

We would encourage you to bring spending money for any activities or personal shopping.

After we receive your referral we will look at your needs and work out the predicted costs of you using our services.

There is no need to worry, every person's situation is different and we are here to help.

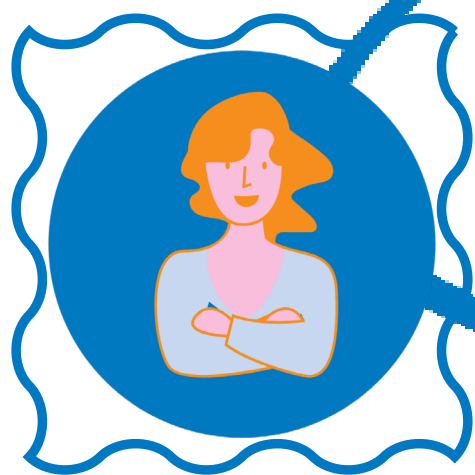
Find out more at: www.sharedlivessw.org.uk

Cornwall: 01209 891888 Devon: 01626 360170 Somerset: 01460 477980



Tony

“My carers helped me after I had a stroke. I was decrepit feeble creature when I arrived at their home. I couldn't walk down the drive, now I can nip up to town. I never dreamt of being so independent again when I came out hospital. They prepared me and made me ready for life outside.”



Stephanie

“I wasn't mentally well and my carer helped me build my confidence at my pace. They helped me to start doing things for myself and I became part of the community.”



Edith

“I was in need of help after having a bad fall at home. I stayed with my carer while I recuperated. While staying with my carer, I had rails fitted and other adaptations to help me cope better once I was back at home. My SLSW Carer made sure I got to my hospital appointments and made sure I was taking my medication.”