

First Aid Providers

First Aid training must be renewed every three years and you will be reminded by Shared Lives South West when your certificate needs renewing. The course that we recommend is the Emergency First Aid at Work course which should take one day to complete.

Prices vary but some of the organisations offering the training are listed below. This is not an exhaustive list. You are expected to take responsibility for this area of training and unfortunately First Aid course fees cannot be subsidised by Shared Lives South West

Please send us a copy of your certificate once your course has been completed.

• **Trisha Nicholas**

Based: in Cornwall, but will travel if she has sufficient numbers in a given area to make this viable
Tel: 07739 323518
email: trishanicholas@btinternet.com

• **Kerry Coldwell**

Based: Exmouth
Cost: £60 for a course
Website: <http://coldwelltraining.co.uk>

• **Essential 6**

Based: Exeter and Torquay
Cost: People can join courses already set up £80 + VAT . If a course was set up for a group of 7 to 12 people, the cost is £475 +VAT (whatever the number) plus £7 +VAT for exam fee.
Website: <https://essential6.co.uk/>

• **South Devon College**

Based: Torbay
Cost: £70.
Tel: 01803 540865
Email: enquiries@southdevon.ac.uk

• **One Life Training**

Based: Exeter
Cost: £106 + VAT for one day course with 3 year accreditation.
Website: www.onelife-training.co.uk/page/First-Aid-Training

• **Achievement Training**

Based: Plymouth
Cost: £75 including VAT for Emergency First Aid including CPR
Website: www.achievementtraining.com

• **HTP training**

Based: Launceston/Bodmin/Torpoint areas
Cost: £55 + VAT
Website: www.hptrainme.co.uk

• **Triangle Training (UK) Emergency First Aid training**

Based: Plymouth and area
Cost: £50
Website: www.triangletrainingukltd.co.uk

• **Amplio Training**

Based: Independent training provider based in Sidmouth, East Devon and covering all of SW England
Cost: £95 including certification and handbook run by Deborah Cox, who has a background in health and social care training.
Website: www.ampliotraining.co.uk

• **Joe Rice**

Based: Okehampton area
Cost: £50 no VAT
Tel: 07531 424014
Email: joericefirstaid@gmail.com

First Aid Providers

- **SSG Training**

Based: Taunton
Tel: 01752 201616
Website: <https://www.ssg.co.uk/taunton/>

- **Little Knox First Aid**

Based: Taunton
Tel: 01823 530999
Website: <https://www.littleknoxirstaid.co.uk/>

- **First Aid Training – South West**

Based: Exeter
Tel: 07768 600037
Website: <https://www.irstaidtraining-southwest.co.uk/>

- **British Red Cross First Aid Training**

Based: Taunton
Tel: 0344 8718000
Website: <https://www.redcrossirstaidtraining.co.uk/>

- **St John Ambulance**

Based: Taunton
Tel: 0344 7704800
Website: <https://www.sja.org.uk/courses/work-place-irst-aid/>

- **Lightning Training Solutions Ltd**

Based: Yeovil
Tel: 01935 473575
Website: <https://www.lightningtrainingsolutions.co.uk/>

- **Ready Steady First Aid**

Based: Yeovil
Tel: 01935 479844

- **Dr First Aid**

Based: Chard
Tel: 07447 009960
Website: <http://www.drirstaid.co.uk/>

- **Reflex First Aid Training Ltd**

Based: Wedmore
Tel: 01934 710535
Website: <http://www.reflexfirstaidtraining.co.uk/>

- **Hamdon First Aid Somerset**

Based: Stoke-Sub-Hamdon
Tel: 01935 826591
Website: <https://hamdonirstaid.co.uk/>

- **JaLee First Aid Training**

Based: Weston Super-mare, but hosts courses across Somerset.
Tel: 03303230240
Website: <https://jaleefirstaid.co.uk/>