

Long term	(1) Low	(2) Medium	(3) High	(4) Complex
Short break		A (Low & Medium)	B (High)	Special (Complex- Challenging)
Medication	Self-managing	Some support required from the carer	Carer manages all medication	Specialist medical condition and/or medication.
Night Time	Rarely e.g. at times of ill health	Regular e.g. once a week	Frequent e.g. three to four nights a week	Most nights and more than once a night
Physical Well-being	Prompting	Regular support and supervision eg Daily	Frequent support and supervision eg; several times a day	Specialist skilled support
Emotional	Low level	Regular e.g. daily	Frequent e.g. several times a day	Specialist and skilled
Psychological and/or Psychiatric well-being	Low level with mild conditions	Regular support	Frequent support	Specialist knowledge and support, working with professionals
Supervision, Safety and Risk	Independent at home, in the community and when travelling	Regular at home, in the community and when travelling	Frequent at home, in the community and when travelling	Constant supervision and support required – possibly a community DOL
Personal Care	Mainly independent, some prompts	Regular prompts and support	Frequent prompts and support	Full support in all areas
Making and Maintaining Friendships, Relationships	Mainly independent	Regular support	Frequent support	Full support
Community Access	Mainly independent	Regular support	Frequent support	Full support
Education, Employment and Training	Mainly independent	Regular support	Frequent support	Full support
Communication	Mainly independent	Regular support	Frequent	Specialist and skilled support
Money	Mainly independent – has capacity to manage finances.	Has financial capacity but requires some support	Does not have financial capacity	Does not have financial capacity
Daily Living Skills	Mainly independently can prepare drinks and snacks	Regular support required daily	Frequent support (includes preparation for independence)	Full support
Mobility	Mainly independent	Regular support	Frequent support	Full support required

The descriptors in general mean;

- **Mainly Independent** -The Person will require support supervision and / or prompting to enable them to carry out the domain themselves. Low level input is required; this may be more intensive support at times of crisis, ill health or when learning new skills.
- **Regular Support**- The Person is able to carry out the domain themselves but will need regular, e.g. daily, support to be able to do this. The Shared Lives Carer will be expected to be hands on and more involved across the domains on a daily basis. More intensive support on some domains or night time support may be required once or twice a week.
- **Frequent Support**- The Person will need help and support to complete many of the domains. This will require the carer taking full responsibility for some aspects of care and providing direct support and assistance several times a day / night.
- **Full Support**- The Person is unable to complete the domain without the full input and support of the carer.