



**GLORIOUSLY
ORDINARY
LIVES**

Creating Gloriously Ordinary Lives

Shared Lives South West are working with Tricia Nicoll to explore how we really can support people to have **Gloriously Ordinary Lives**. This is your chance to come to an introductory session.

There are three sessions to choose from:

- **Tuesday 22nd April:** Victoria Offices and Conference Centre, Station Approach, Victoria, Saint Austell PL26 8LG
- **Thursday 24th April:** Camborne conservative club, Tehidy Rd, Camborne TR14 8TB
- **Friday 25th April:** Kenn Centre, Kennford, Exeter EX6 7UE

Sessions will run from 10.00am - 2.30pm (9.30am for tea and coffee) and lunch will be included. To book a place please email enquiries@sharedlivessw.org.uk and say which session you would like to join.

After our session, you will:

- ✓ Understand the concept of Gloriously Ordinary Lives
- ✓ Be able to give examples of how the Five Tests work
- ✓ Have some clear plans for how Shared Lives in the South West can make sure people have even more Gloriously Ordinary Lives!

The sessions will be relaxed and hopefully fun! There will be a mix of whole group work and the chance to chat in smaller groups.



Tricia Nicoll

Tricia has worked in the world of health and social care for 30 years and is passionate about helping services and support work in ways that really do help people to get Gloriously Ordinary Lives. She is Mum (and was a shared lives host family) to two amazing grown-up children who happen to be autistic.