

# Curious about Gloriously Ordinary Lives

GLORIOUSLY  
ORDINARY  
LIVES



passionate about inclusion, community and people getting Gloriously Ordinary Lives

a bit of a rebel (nuisance), so work for myself

worked with the Valuing People team and In Control on the original ideas on personal budgets

longterm avoider of mental health services

foster mum to Sam, 29 and Lucy, 25

sunshine, the love of a good cat and red wine is the answer to most things



# **#SocialCareFuture**

**We all want to live in the place we call home with the people and things that we love, in communities where we look out for one another, doing things that matter to us.**

**That's the social care future we seek. #socialcarefuture**

**<https://socialcarefuture.org.uk>**

TEST ONE

1

Would I want or accept that for ME or for someone I LOVE?



TEST TWO

2

Would I use that LANGUAGE in my kitchen with my FAMILY, or at the café or pub with my MATES?



TEST THREE

3

Would it make a GREAT PHOTO? What would the photo tell us?



TEST FOUR

4

Would it strengthen and support the person's CONNECTIONS and RELATIONSHIPS?



TEST FIVE

5

Would it give the person a REASON TO GET OUT OF BED in the morning?



MUNDANE

+

HEART SING

=

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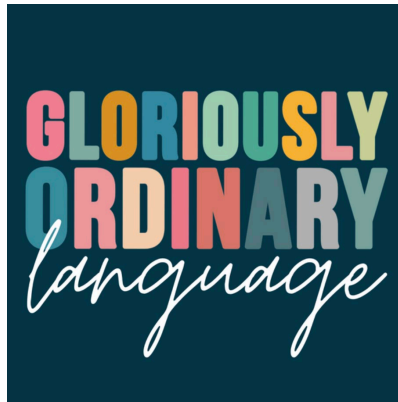
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